Welcome to the first issue of iMHLP News, the Newsletter of the University of Melbourne-Harvard Medical School International Mental Health Leadership Program. Through this newsletter, we will keep you informed of developments in the iMHLP, and other news relevant to mental health development.

The International Mental Health Leadership Program is an exciting initiative, bringing together two fine universities to train, and to continue to work with, the next generation of leaders in mental health policy and services research in Asia.

The Centre for International Mental Health at the University of Melbourne and the Department of Social Medicine at Harvard Medical School, both World Health Organization Collaborating Centres, welcome the decision of the WHO Department of Mental Health and Substance Dependence to support up to five CIMH/WHO Fellows to undertake the iMHLP as part of the WHO mental health Global Action Program.

We are now half way through the first year of working with the first group of Lilly Fellows. We, the co-directors of the iMHLP, and all of the Faculty of the Program, consider ourselves privileged to be working collaboratively with a remarkably fine group of psychiatrists. We have no doubt this group of Fellows will go on to provide inspired leadership for mental health development in the countries in which they work. We are confident the collaborative network that is developing among this group, and which shall be widened and deepened with subsequent groups of Fellows, will make a substantial and sustained contribution to improving mental health throughout the region.

As the 2001 World Health Report and WHO’s Project Atlas have shown, the problems the iMHLP addresses and the challenges of resolving those problems – through research, education, policy and service development – are massive. Well conceptualised, collaborative and sustained responses are required. Excellent progress is being made in the establishment of the iMHLP. We expect the program will be here for the long term.

We are grateful to Eli Lilly & Company for their generous support of the program, and are particularly pleased the program has been endorsed by the WHO through its support of additional WHO Fellows to undertake the iMHLP.

Associate Professor Harry Minas, Director, Centre for International Mental Health, The University of Melbourne & Professor Byron Good, Chair, Department of Social Medicine, Harvard Medical School, Co-Directors, iMHLP.

Co-directors of the iMHLP, Professor Byron Good and Associate Professor Harry Minas.

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Launch of iMHLP
World Health Day, April 7 2001

The University of Melbourne-Harvard Medical School International Mental Health Leadership Program (iMHLP) was officially launched at the University of Melbourne by the Hon Dr Michael Wooldridge, Australia’s Commonwealth Minister for Health and Aged Care, as part of a WHO World Health Day seminar on 7th April 2001.

An annual event of the World Health Organization, the prime objective of World Health Day 2001 was to stimulate debate on how to improve mental health around the world.

The seminar was chaired by Mr John McGrath, Chairman of the Mental Health Council of Australia. Dr Wooldridge described the iMHLP as an exciting development contributing to mental health care throughout the region.

Professor Byron Good, Co-Director of iMHLP and Chair of the Department of Social Medicine at Harvard University, and Professor Helen Herrman, Regional Mental Health Advisor of the WHO Western Pacific Regional Office in Manila, spoke at the seminar via video-conference links to Boston and Manila.

Professor Helen Herrman said the iMHLP was an initiative of tremendous benefit to the WHO Western Pacific Region, where the need for equitable access to basic mental health services is increasingly being recognised.

iMHLP co-directors Harry Minas and Byron Good highlighted evidence of a growing awareness of mental health issues around the world, spearheaded by the World Health Organization, and said there was a growing realisation that mental illness is a significant public health issue.

“This day represents a meaningful way of celebrating this momentum,” said Professor Bruce Singh, Professor of Psychiatry at the University of Melbourne.

Professor Singh congratulated Eli Lilly & Company for its key role in establishing the iMHLP, and said the collaboration between his colleagues at the University of Melbourne and Harvard Medical School established an important action program for countries developing a public health approach to mental illness.

Representing the Global Neuroscience Division of Lilly Pharmaceuticals based at Indianapolis, Dr John Heiligenstein, a paediatrician and child psychiatrist, described the iMHLP as a shared vision uniting two outstanding universities and furthering the development of young psychiatrists throughout Asia.

“We are confident this program will achieve its objectives,” Dr Heiligenstein said. “The Program is a unique endeavour that equips talented young men and women with the knowledge and tools to advance mental health policy and services in their own regions.”

Dr Heiligenstein said there is no better place to launch the iMHLP than Asia, where a population totalling more than 3 billion people urgently requires greater access to effective treatments and services.

Dr Heiligenstein reiterated the commitment of Eli Lilly & Company in providing Lilly Fellowships for Asian psychiatrists to undertake the iMHLP, stating it would nurture the next generation of leaders in service and policy research.

As governments tackle the task of providing quality healthcare, Dr Heiligenstein said, it is essential to be informed by careful, thoughtful, state-of-the-art research taking full advantage of the advances made in neuroscience.

Dr Heiligenstein said the partnership between the University of Melbourne and Harvard Medical School, supported by the Lilly Fellowship Program, allows for collaborative efforts without boundaries, opening opportunities for cross-national mentorship, distance teaching through the use of the Internet, and continuous scientific dialogue across all parts of the program.

“There is much to look forward to, but most of all, we look forward to research that informs critical decisions about healthcare,” Dr Heiligenstein said.
The first intensive, four-week training seminar for Lilly Fellows began at the University of Melbourne in September 2001, along with a public lecture series designed to raise awareness of mental health issues among Australia’s media and general community.

The intensive program, running from 24 September until 1 October, featured a free public lecture series delivered by prominent mental health experts from Australia, the United States, United Kingdom and Vietnam, covering issues associated with mental health development in low-income and post-conflict societies.

Fourteen inaugural Lilly Fellows attended these lectures in addition to workshops, and undertook supervised project work to strengthen their skills in designing and implementing projects contributing to mental health policy, service development and research.

Australian media described the iMHLP as developing an international network for policy reform in mental health.

Professor Harry Minas said the lectures, as well as being aimed at iMHLP participants, were also designed to appeal to anyone interested in culture and mental health, psychiatric research or service reform in the developing world.

Speakers

Professor Terry Nolan
(Head, School of Population Health, University of Melbourne)
The Population Health Perspective

Dr. Vikram Patel
(London School of Hygiene and Tropical Medicine)
Poverty & Mental Illness: The Public Health Significance of Psychiatry in Developing Countries

Professor Scott Henderson
(Senior Policy Advisor, Mental Health Branch, Commonwealth Department of Health and Aged Care)
The Uses and Abuses of Psychiatric Epidemiology

Professor Aleksandar Janca
(University of Western Australia, formerly WHO Geneva)
WHO Research on Mental Health: A Review of Studies and Surprising Findings

Dr. Alex Cohen
(Department of Social Medicine, Harvard University)
The Ethos of Psychiatric Services: A Question of Values

Professor Harvey Whiteford
(Professor of Psychiatry, University of Queensland, and Mental Health Advisor to the World Bank)
The World Bank and International Mental Health Development

Dr. Sam Tornquist
(Senior Policy Advisor in Rational Drug Use, Department of Health, Hanoi, Vietnam)
National Drug Policy in Developing Countries

Mr. John McGrath
(Chairman, Mental Health Council of Australia)
Nothing About Us Without Us: Consumers and Carers in Policy and Service Development

Dr. Peter Deutschmann
(Director, Australian International Health Institute)
Silent Voices in International Health

Professor Byron Good
(Department of Social Medicine, Harvard University)
Leadership for Mental Health in the Developing World

Bangladeshi women and their families: discussions on the population health perspective, poverty and mental illness at the inaugural iMHLP public lecture series focused on the wellbeing of many different peoples living throughout the developing world.
H aving highlighted the global issue of mental health to the general public, government officials, and the public health community in 2001, the WHO mental health Global Action Program (mhGAP) has joined with the Centre for International Mental Health (CIMH) in establishing the CIMH/WHO Program for Training in Mental Health Policy, Service Development and Research.

Building on the momentum and commitment driven by important WHO initiatives, the CIMH/WHO Program will enable up to five CIMH/WHO Fellows to undertake the iMHLP each year alongside Lilly Fellows.

Through the World Health Day, World Health Assembly and the World Health Report, WHO and its Member States have pledged their full and unreserved commitment to mental health as a critical public health issue.

The message has been clear and unequivocal: mental health - neglected for too long - is crucial to the quality of life among individuals, societies, and countries and must be universally regarded in a new light.

The WHO mental health Global Action Program follows from the events of 2001 to provide a clear and coherent strategy for closing the gap between what is urgently needed, and what is currently available, to reduce the burden of mental disorders worldwide.

A five-year initiative, the mhGAP will focus on forging strategic partnerships to enhance national capacities to comprehensively address the stigma and burden of mental disorders.

As part of the mhGAP initiative, and at the invitation of the WHO Department of Mental Health and Substance Dependence, the Centre for International Mental Health established the CIMH/WHO Program under the auspices of CIMH, to be run in co-operation with the WHO.

The goal of the CIMH/WHO Program is to support the mental health Global Action Program by enhancing the capacity of individuals and institutions in developing countries to formulate and implement comprehensive mental health policies and services that are effective, and appropriate to local cultural and socio-economic circumstances, and to carry out high quality health services research and evaluation.

The mental health Global Action Program will be built on four core strategies:

(1) Information for better decisions
(2) Integrated policy and service development
(3) Advocacy against stigma and discrimination
(4) Enhanced research capacity

These four strategies are fundamentally related to one another.

Information concerning the magnitude, burden, determinants and treatment of mental disorders leads to enhanced awareness and advocacy against stigma and discrimination. This, in turn, creates the necessary conditions for the formulation and implementation of integrated policies and services, serving to generate more advocacy, and information for better decisions. Countries' research capacity drives this relationship.

During and following their period of training in the iMHLP, CIMH/WHO Fellows will contribute to one or more of the four strategic directions of mhGAP in their home countries.
The IMHLP marked the halfway point of its first year with a five-day research seminar in Hong Kong, hearing updates from Lilly Fellows conducting projects in China, Indonesia, South Korea, Malaysia, Pakistan, the Philippines, Taiwan, Thailand and Vietnam.

The purpose of the seminar was two-fold: supporting Fellows in planning and implementing research and service reform projects and discussing their Country Reports, which outlined national trends in mental health in their own countries.

The Fellows’ Country Reports drew on professional experience and official documentation, collectively highlighting important issues in mental health development. Positive signs are that countries are ready to embrace mental health as a public health issue, and continue to develop modern, community-based mental health care.

With some exceptions, the main problems included resource deficiencies in the face of community mental health needs, the wide impact of stigma and a lack of specialised mental health professionals.

The seminar dedicated a significant portion of time to supervisory discussions and cross-fertilisation of ideas among Fellows and Faculty, focusing on the development of significant reform projects in each country.

Progress from group discussion to individual supervision and advice resulted in more detailed plans for research and service development projects. The projects discussed included:

**Indonesia**
- Implementing primary care early detection and intervention strategies for mental disorders among internally displaced persons and victims of violence

**Korea**
- Examining the epidemiology of depressive illnesses
- Developing community-based psychogeriatric services for low-income patients with dementia

**Malaysia**
- Examining factors affecting medication compliance in patients suffering from schizophrenia

**Philippines**
- Psychiatric morbidity in patients with seizure disorders
- Field implementation of clinical practice guidelines for managing co-morbid medical illness in patients with schizophrenia

**Taiwan**
- A cross-cultural comparison of suicide in Chinese societies
- Evaluation of trauma management services

**Thailand**
- Effects of a problem-based psychiatric training curriculum on the attitudes of medical students towards psychiatry

**Vietnam**
- Development of three community mental health centres in Hanoi

Fellows have begun implementing their projects with the supervision, advice and practical support of the IMHLP Faculty. Professor Harry Minas said the projects are proceeding well and participants are seeking each other out for ideas, a key feature of the program being the development of a collaborative network.

“What we would hope, over the next several years, is that we develop an active network of professionals connected into systems like regional universities and health ministries, who can tackle issues common across the region, as well as issues unique to their own particular communities,” Professor Minas explained.

Professor Minas said, “We look forward to hearing the outcomes of this work in Melbourne in October 2002 when the Fellows will re-convene for the first IMHLP International Mental Health Development Conference.”
Hosting a three-day intensive course, Lilly Fellow Associate Professor Pichet Udomratn brought together more than 100 Thai psychiatrists, representing more than a third of all psychiatrists in Thailand, to hear about advances in pharmacological treatments for mental illness.

Held in Songkhla, southern Thailand, on 3-5 April 2002, the seminar entitled Psychopharmacotherapy in the New Era: Translating Research Into Practice, was jointly organised by Professor Udomratn and Professor Harry Minas, in association with the Royal College of Psychiatrists of Thailand and the Prince of Songkla University.

The course was opened by the Vice-President of the Prince of Songkla University, Associate Professor Waran Tanchaiswad, himself a distinguished Thai psychiatrist, along with Vice President of the Royal College of Psychiatrists of Thailand, Professor Orapun Thongtang. Professor Sawitri Assanangkornchai, Head of the Department of Psychiatry at Prince of Songkla University, officially welcomed the conference.

Among the keynote speakers were iMHLP Faculty members Dr Chee Ng and Associate Professor Harry Minas, as well as Associate Professor Tim Lambert, all from the University of Melbourne.

Professor Minas described the seminar as a magnificent program that raised a number of additional concerns around treatment, service funding and access to medication for treatment of mental illness in Thailand.

Professor Pichet Udomratn, who is the Director of the Residency Training Program and Associate Dean of Personnel Development at Prince of Songkla University, was extremely pleased with the success of the conference.

As part of his work as a Lilly Fellow with the iMHLP, Professor Udomratn, who has published widely on sexuality, anxiety and panic disorders, is pursuing a collaborative study with another of the Lilly Fellows, Dr Susan Tan, Kuala Lumpur, on medical student attitudes to psychiatry.

Professor Udomratn runs the Residency Training Program of the Prince of Songkla University at the Songklanagarind University Hospital in Songkhla province, Southern Thailand.

The conference proved to be a most productive opportunity to broaden and deepen collaborative relationships between the Prince of Songkla University Department of Psychiatry and the iMHLP, said Professor Minas.

A new collaborative project emerged from the discussions held in Songkhla to study prescribing patterns in both Melbourne and Thailand as a basis for improving training programs in psychopharmacotherapy for psychiatric trainees and psychiatrists. The senior investigators in this project are Professor Tim Lambert, Dr Chee Ng, Professor Pichet Udomratn and Professor Sawitri Assanangkornchai.

Also resulting from discussions in Songkhla will be a series of three- to six-month clinical fellowships involving Thai and other regional psychiatrists as part of the Postgraduate Overseas Specialists Training Program, a program co-ordinated by Dr Chee Ng at the Centre for International Mental Health and St Vincent’s Mental Health Service in Melbourne.
A n exciting development that will sit alongside the iMHLP is the transfer and expansion of the Postgraduate Overseas Specialists Training (POST) Program from St Vincent’s Mental Health Service to the Centre for International Mental Health (CIMH).

The POST Program was originally established in early 2001 with St Vincent’s Mental Health Service and the University of Melbourne Department of Psychiatry to provide Asian psychiatrists with three- to six-month clinical fellowship training programs.

Transferring the POST Program to the CIMH strengthens collaborative links between the CIMH and St Vincent’s Mental Health Service. Both organisations are WHO Collaborating Centres in Mental Health and Substance Dependence, playing active roles in improving mental healthcare throughout the region.

Additionally, the transfer expands opportunities for iMHLP Fellows to observe different forms of Australian mental health service delivery.

To date, St Vincent’s Mental Health Service has given iMHLP Fellows a unique chance to learn about different models of service delivery by visiting its range of clinical sites for acute care and rehabilitation, aged services, and drug and alcohol services.

Headed by Dr Chee Ng of the iMHLP Faculty, the POST Program offers clinical training to overseas psychiatrists and will be run by the CIMH in collaboration with St Vincent’s Mental Health Service.

The POST Program advances knowledge and skills in clinical psychiatry and covers a wide range of psychiatric sub-specialties otherwise not available in many of the countries in the region.

POST Fellows working at St Vincent’s Mental Health Service gain direct, practical experience of operations within Australia’s mental health systems, also participating in seminars, lectures, and clinical and theoretical discussions throughout their visit.

“The program has already received considerable interest from across Asia,” said Dr Ng, who is also Director of Postgraduate Psychiatry Training at St Vincent’s Mental Health Service.

“So far, the program has been small, but it will be looking to expand as part of the collaboration between St Vincent’s Mental Health Service and the CIMH,” said Dr Ng.

The co-location of the POST Program and the iMHLP within the CIMH offers unique opportunities providing specialist clinical training to regional psychiatrists.
With the assistance of iMHLP, Lilly Fellow Dr Do Thuy Lan has secured support from the Hanoi Department of Public Health to carry out the project to develop three community mental health clinics in three urban districts of Hanoi. Dr Lan has received support from iMHLP in the design and development of the project. Professor Harry Minas has been invited to act as consultant to the project and to visit Hanoi for a series of meetings with key officials from the Department of Public Health and others to “introduce the community-based mental health care service development model and the project objectives.”

Dr Lan is Director of the Maihuong Daycare Psychiatric Hospital in Hanoi – the first psychiatric day hospital in Vietnam. Working with Dr. Lan on this project will be Dr Tran Thi Hong Thu, a Fellow in the iMHLP program, and a consultant psychiatrist at the Mai Huong Daycare Psychiatric Hospital, where she is Deputy Vice of the Clinical Department.

Dr Lan has already demonstrated admirable leadership through the development of a national network for the early detection and intervention, rehabilitation and education of disadvantaged children.

As Vice President of the Hanoi Relief Association for Handicapped Children, Dr Lan heads a number of prominent organizations dedicated to child mental health.

The Morning Star Centre is a leading initiative for child mental health in Hanoi, where Dr Lan is now the Director of the Centre for Parent Counseling, Early Detection and Care of Handicapped Children.

Speaking from Melbourne, Professor Minas said that with this experience and commitment Dr Lan is very well placed to develop a new model of community-based mental health care, and that it will be a privilege to work with her and her colleagues on this project.

The people of Hanoi will benefit from the establishment of three new community mental health care clinics.
June Symposium Announcement
‘Mental Health in Developing Countries’

Three key medical research centres will join the Centre for International Mental Health this coming June 2002, to deliver a landmark Melbourne-based symposium on Mental Health in Developing Countries.

Designed for local and international professionals with an interest in mental health policy and service development, the symposium will be held on 13 - 14 June 2002, at St Vincent’s Hospital Melbourne, Australia.

The symposium will be led by the Centre for International Mental Health, the Australian International Health Institute, the Macfarlane Burnet Institute for Medical Research and Public Health, and the University of Melbourne Key Centre for Women’s Health.

The purpose of the symposium is to review key mental health issues for developing countries in the Asia-Pacific region and to explore strategies for incorporating mental health into general health and development programs.

Among the keynote speakers in the symposium will be two Lilly Fellows, Dr Suryo Dharmono and Dr Albert Maramis, both from Indonesia.

“We are particularly pleased the symposium will offer an opportunity for dialogue with senior officers of AusAID who are involved in managing health programs,” Professor Harry Minas said.

Further information about the symposium may be obtained at http://www.cimh.unimelb.edu.au

Announcement
1st iMHLP International Mental Health Development Conference, Melbourne 14-16 October, 2002

Planning has commenced for the first iMHLP International Mental Health Development Conference. The centrepiece of the conference will be presentations of papers by the current Lilly Fellows, reporting the outcomes of their research and service development projects.

The Fellows will be joined by a number of prominent international experts on mental health development.

For further information on the program, as it becomes available, visit the iMHLP website at http://www.cimh.unimelb.edu.au
The Effectiveness of Mental Health Services in Primary Care: The View From the Developing World

In his monograph, The Effectiveness of Mental Health Services in Primary Care: The View From the Developing World, published by WHO in October 2001, Dr. Cohen provides an historical account of the development of mental health services in primary care in India, Columbia, Nepal, Botswana, Nicaragua, and Iran.

Based on these cases, and evidence from a large number of studies in the United States and Europe, Dr. Cohen concludes that simply training primary care physicians and health workers to recognize and manage mental disorders is not an effective strategy.

“New models, ones that employ training in combination with stepped-care approaches, patient education, and follow-up efforts, must be developed, tested, and then evaluated,” says Dr. Cohen.

Dr. Cohen offers a number of general principles that emerge from attempts to integrate mental health services into primary care, principles that can be readily used to evaluate and improve services.

In April 2002, Dr. Cohen was invited to present this work at meeting in Brazil, Mental Health Needs in Primary Care: Reorganization of Services and the Formation of Human Resources, co-sponsored by the WHO, the Pan American Health Organization, and the Brazilian Ministry of Health. Dr. Vikram Patel, another member of the iMHLP faculty, also attended the conference and spoke about his experiences working in primary care settings in Zimbabwe and India.

The monograph is available on the WHO website at
http://www.who.int/mental_health/PDF_documents/The%20Effectiveness%20of%20Mental%20Health%20Services1.pdf

The World Mental Health Casebook: Social and Mental Health Programs in Low-Income Countries

A glaring deficiency in the area of international mental health is the lack of documentation on mental health programs in low-income countries.

"Without documentation of what has been done, without information about successes and failures, it is impossible to build on experience," says Dr. Cohen.

Publishing The World Mental Health Casebook: Social and Mental Health Programs in Low-Income Countries is a small, beginning step in the right direction.

Published in April 2002 by Kluwer Academic/Plenum Publishers, this casebook was co-edited by Dr. Cohen with Arthur Kleinman and Benedetto Saraceno, with case histories from Shanghai, Peru, Mexico, Nepal, Northern India, Trieste, Fiji and Hong Kong.

The introduction by the editors also provides a comprehensive overview of the current situation in international mental health and a framework for the evaluation of mental health programs.

In keeping with the spirit of this work, Dr. Cohen commented the iMHLP would be actively encouraging iMHLP participants to take further steps - not only undertaking research and the development of services, but also documenting their efforts so their experiences become guideposts for others to come.

The Casebook is available directly from the publisher at http://www.wkap.nl/prod/b/0-306-46732-1 or Amazon.com.

New Publications

A key faculty member of the iMHLP, Dr Alex Cohen, recently published two important works on mental health services in low-income countries.
Lilly iMHLP Fellows 2001-2002

CHINA
Dr Shi Shen Xun

Director of Outpatient Services at Shanghai Mental Health Centre and Director of the Department of Shanghai Mental Centre, Chair of the Shanghai Psychiatry Association, Young Member for the Chinese Psychiatry Association.

INDONESIA
Dr Suryo Dharmono

Based at the Department of Psychiatry, Faculty of Medicine at the University of Indonesia, Dr Dharmono's special interests are urban mental health, especially among marginalised peoples, and mental health problems associated with forced migration. As an Honorary Lecturer in Social Psychiatry in the Faculty of Social Science at Atmajaya Catholic University, Jakarta, and an Honorary Lecturer in Psychiatry and Behavioural Sciences in the Faculty of Medicine, University of Indonesia, Dr Dharmono is an active member of the Indonesian Psychiatric Association, Indonesia Psychiatric Association and the Chairman of Indonesian Forum Against Violence. Dr Dharmono is also Clinical Supervisor in the Adult Psychiatric Clinic and a Psychiatrist Consultant in several hospitals in Jakarta.

Dr Albert Maramis

A consultant psychiatrist at the Soetomo General Hospital in Indonesia, Dr Maramis specializes in biological psychiatry, particularly focusing on the roles of psychopharmacology and psychoneuroendocrinology in anxiety and depression. Dr Maramis also holds an academic post at Airlangga University in Surabaya and a position on the Editorial Board of the International Journal of Psychopathology, Psychopharmacology and Psychotherapy.

SOUTH KOREA
Dr Bae Jae-Nam

Assistant Professor in the Department of Psychiatry at Inha University Hospital in Korea, Dr Bae is interested in psychiatric epidemiology, community psychiatry, mental health service development and evaluation, including partial hospitalisation, occupational rehabilitation and the continuity of care in the elderly. Dr Bae has conducted epidemiological surveys to evaluate prevalence rates and risk factors of dementia, depression and alcohol use disorders amongst the elderly. He received his PhD from Seoul National University in 2001, which he undertook while serving as Director of the Community Mental Health Centre at Chung-Gu district, Incheon, and later, as Consulting Physician of Dementia Day Care Centre at Nam-Gu district, Incheon. Dr Bae is a member of The Korean Neuropsychiatric Association and The Korean Association of Geriatric Psychiatry and has had many major articles published.

Dr Shin IL-Seon

Dr Shin is a Clinical Professor in the Department of Neuropsychiatry at Korea's Chonnam National University Hospital in Kwangju, specialising in geriatric psychiatry. As Assistant Professor in the Department of Psychiatry at the Chonnam National University Hospital, Dr Shin is interested in community and geriatric psychiatry, investigating the prevalence, risk factors and clinical characteristics of dementia in people more than 65 years of age in Kwangju. Dr Shin is also interested in genetic studies in psychiatry, having evaluated the association of the apolipoprotein allele with Alzheimer's disease.

continued
SOUTH KOREA cont.
Dr Kim Jang-Kyu

A Research Fellow in the Department of Neuro-psychiatry at Seoul National University Hospital in Korea, Dr Kim is interested in social psychiatry and psychiatric epidemiology. In 1996, Dr Kim worked on epidemiological surveys of dementia, depression and post-traumatic stress disorder in a rural community, forming the basis for the development of a Korean version of the composite international diagnostic interview (K-CIDI) in 1999, as well as additional survey work conducted in 2000. Simultaneously, Dr Kim has dedicated much of his work to the development and implementation of community mental health programs in the rural community of Yonchon County, as well as the urban community of Puchon city. In 2000, Dr Kim initiated a nationwide epidemiological survey using the K-CIDI.

PHILIPPINES
Dr Sonia Rodriguez

Dr Rodriguez is President and a founding member of the Child and Adolescent Psychiatrists of the Philippines Inc. (CAPPI), promoting the well being of Filipino children and families through the advocacy of children's rights, education of caregivers and provision of holistic psychiatric services. After training in general psychiatry, as well as undertaking a two-year fellowship in child and adolescent psychiatry at the University of the Philippines, Dr Rodriguez became Assistant Professor and Head of the Department of Psychiatry at the University of East Ramon Magsaysay Memorial Medical Centre, where she is responsible for the design and implementation of the undergraduate medical curriculum and the psychiatry residency training program. Coordinating with hospital authorities to provide psychiatric and various other mental health services to the community, Dr Rodriguez focuses on child mental health, specifically resiliency factors in children and adolescents. A Diplomate of the Philippine Board of Psychiatry and a Fellow of the Philippine Psychiatric Association, Dr Rodriguez also plays a key role in formulating clinical practice guidelines on the management of psychiatric disorders such as schizophrenia and mood disorders.

continued
Lilly iMHLP Fellows 2001-2002

Dr Ma Luz Casimiro-Querubin

Dr Casimiro-Querubin is Associate Clinical Professor at the University of the Philippines College of Medicine and Medical Specialist III at the Philippines General Hospital. After graduating from the College of Medicine at the University of the Philippines, Dr Casimiro-Querubin worked in the Department of Health on landmark projects such as the National Drug Policy and the Immunisation and Diarrhoea Control Campaigns. Further developing her expertise in public health communication and health education, Dr Casimiro-Querubin studied Health Communications at Cornell University in New York. After five years in health communications, Dr Casimiro-Querubin undertook Specialty Training in General Adult Psychiatry at the Philippine General Hospital and graduated as Chief Resident. Since then, Dr Casimiro-Querubin has served the University of the Philippines and the Philippine General Hospital as part of the Faculty and Consultant Staff. Dr Casimiro-Querubin holds the position of Associate Clinical Professor at the University of the Philippines College of Medicine and is visiting consultant at The Medical City in Manila. Dr Casimiro-Querubin’s skills and interests revolve around communication and health education, specifically focusing on the promotion of mental health and the de-stigmatisation of psychiatry and mental illness.

PAKISTAN
Dr Nasar Sayeed Khan

Dr Khan is Assistant Professor of Psychiatry, Post Graduate Medical Institutes, Lahore, Pakistan. Dr Khan is a psychiatrist with a Fellowship from The College of Physicians and Surgeons in Pakistan and has experience in Adult, Child and Geriatric Psychiatry. Dr Khan works as Assistant Professor of Psychiatry at the Postgraduate Medical Institute in Lahore and is a visiting Psychiatrist in the Department of Psychiatry at Service Hospital in Lahore. Prior to this, Dr Khan was the Registrar of the Institute of Psychiatry, WHO Collaborating Centre for Mental Health Research. Dr Khan has worked on many mental health programs and projects, across the stages of planning, management and implementation, including more than two years at the Aga Khan Medical Centre working on the Humanitarian Assistance Canada Project. Dr Khan is also actively involved in research programs.

TAIWAN
Dr Chia Ming Chang

Attending Psychiatrist for the Department of Psychiatry at the Chung Shan Medical University Hospital in Taiwan, Dr Chang’s areas of interest are group psychotherapy, transcultural psychiatry, post-traumatic stress disorder, psycho-oncology and psychiatric ethics. Dr Chang is the Head of Day Care Unit and is in charge of the resident training program in the Department of Psychiatry at Chung Shan Medical University Hospital. Dr Chang is also a member of the Training Committee in Taiwan Psychiatry Society and an editor for the Chinese Group Psychotherapy Journal. A consultant in the Student Counseling Center at Feng Chia University, Dr Chang is also a consultant at the Taichung Disaster Mental Health Center, a consultant in the Hospice ward at Chang Shan Medical University Hospital, and a consultant at the Medical Counseling Center for Sexual Assault, Taichung. Dr Chang has also conducted epidemiological studies into the longitudinal follow-up of the prevalence and risk factors of psychiatric disorders on the victims of earthquakes in Central Taiwan. This project is in cooperation with the Duke University and will survey the post-traumatic effects among survivors from the 1999 Taiwan earthquake. Dr Chang is interested in the development of a psycho-oncology model for cancer patients and will study the attitudes of truth telling among Taiwanese physicians, patients and their families.

continued
THAILAND
Associate Professor Pichet Udomratn

Associate Professor of Psychiatry and Associate Dean for Personnel Development at the Faculty of Medicine at the Prince of Songkla University in Thailand, Dr. Udomratn's major research focuses on anxiety disorders, schizophrenia and psychopharmacology. Former editor of the Journal of the Psychiatric Association of Thailand, Dr. Udomratn received his MD in 1980 from the Prince of Songkla University, later receiving a World Health Organisation (WHO) Fellowship to work as a research fellow and visiting psychiatrist at the University Department of Psychiatry at the Royal Edinburgh Hospital and the University of Edinburgh in the United Kingdom. Dr. Udomratn was also sent to the University of Cambridge in 1992 to study new developments in psychiatry and was later awarded the British Council Fellowship to attend the University of Nottingham, studying psycho-geriatrics. In 1994, Dr. Udomratn was funded by the Exchange Program of the Ministry of University Affairs in Thailand and the Ministry of Science and Research in Austria to work as a visiting researcher at the Division of Pharmacopsychiatry and Sleep Research at the Department of Psychiatry, University of Vienna, in Austria.

THAILAND
Dr Do Thuy Lan

Dr. Lan is the Director of the Maihuong Daycare Psychiatric Hospital, Director of the Centre for Parent Counselling, Early Detection and Care of Handicapped Children (Morning Star Centre) and the Vice President of the Hanoi Relief Association for Handicapped Children. She is a Member of the Executive Committee of Hanoi Red Cross Association and Vice President of the Vietnam-United States Friendship Association of Hanoi. Dr. Lan's areas of interest include managing and developing mental health care services and methods of improving the community's awareness of mental health care.

VIET NAM
Dr Tran thi Hong Thu

Having graduated from Medical University in 1991, Dr. Thu has more than 10 years experience working in psychiatric hospitals in Vietnam. Dr. Thu now works with colleague and iMHLP Fellow, Dr. Lan, as a consultant psychiatrist at the Mai Huong Daycare Psychiatric Hospital in Hanoi, serving as Vice Head of the Clinical Department. Dr. Thu maintains a keen interest in raising awareness of basic knowledge and policy focusing on mental health development issues, particularly focused on designing psychosocial rehabilitation strategies grounded in a community care setting.
Useful Mental Health Websites

Centre for International Mental Health
The University of Melbourne
http://www.cimh.unimelb.edu.au

Department of Social Medicine
Harvard Medical School
http://www.hms.harvard.edu/dsm/

Program on Ethical Issues in International Health Research at the Harvard School of Public Health:
http://www.hsph.harvard.edu/bioethics/

A site devoted to ethics and research. Each topic section of site provides an introduction, questions, a list of suggested readings, links to other websites, and case studies.

Australian International Health Institute Ltd
The University of Melbourne
http://www.aihi.unimelb.edu.au

School of Population Health
The University of Melbourne

Fogarty International Center
U.S. National Institutes of Health
http://www.nih.gov/fic/

A major funder of international health research.

National Institute of Mental Health
U.S. National Institutes of Health
http://www.nimh.nih.gov/

A wealth of mental health information.

Asian Development Bank
http://www.adb.org/

SEARO
http://w3.whosea.org/index.htm

International Data Base, U.S. Census Bureau
http://www.census.gov/ipc/www/idbnew.html

A computerized data bank containing statistical tables of demographic and socio-economic data for 227 countries and areas of the world.

US Surgeon General’s Report
http://www.surgeongeneral.gov/library/mentalhealth/home.htm

WHO - International Digest Of Health Legislation
http://www-nt.who.int/idhl

WHO - Mental Health Website
http://www.who.int/mental_health/

Links to the World Health Report 2001, the Atlas Project, plus many other publications and useful websites.

WHO - Statistical Information System
http://www.who.int/whosis/

WHO - World Health Reports
http://www.who.int/whr/

The World Bank
Countries and Regions

Data on a range of topics for most countries.

The World Bank
Data and Maps
http://www.worldbank.org/data/

Worldwide Libraries
http://123world.com/libraries

Victorian Transcultural Psychiatry Unit
http://www.vtpu.org.au

Lilly Fellowship Applications

The iMHP invites psychiatrists to become Lilly Fellows of the iMHP.
For applications and further information, visit:

www.cimh.unimelb.edu.au