Seminar Topic:
“When a New Life is a Hard Life: The Impact of Resettlement on the Mental Health of South-Asian Migrants in Melbourne.”

Guest Speaker:
Dr Ahmed Munib

Time & Location:
Thursday 17th August, 12.30 – 1.30pm, Room 515, 207 Bouverie St, Carlton

Ahmed Munib is presently a Senior Psychiatry Registrar at Geelong Hospital, Victoria. He has an active interest in transcultural mental health having recently completed his PhD in the Department of Psychiatry & the CIMH. Ahmed has previously worked as a psychiatrist in his home country Bangladesh.

This presentation involves findings from his PhD research project focusing on the psychosocial stresses affecting migrant communities from India & Bangladesh in Melbourne. Ahmed will discuss the unique life events experienced by South-Asian communities during resettlement & the consequent impact on mental health. Additionally, coping strategies for post-migration adjustment difficulties will be addressed as well as suggestions for promoting acculturation & psychological well-being.

For further information contact:
Tania Miletic, (03) 8344 3185 or tmiletic@unimelb.edu.au